

RESOURCES FOR EARLY EDUCATION AT HOME INSTRUCTION

Early Education Leaders and Teachers:

By way of support, members of the ACSI Early Education Team have been praying for you and have put together resources for you as you determine how to best navigate through the outbreak of coronavirus (COVID-19) and the substantial impact it has on your program. ACSI has prepared resources to assist you and parents in continuing the education of children while at home. As you know, young children need flexible schedules, opportunities to explore, create and discover new things and less digital time than older students. These resources are divided into two groups:

- Resources for EE Teachers as they Guide Parents in At-Home Instruction
- Resources for Parents as they Instruct Their Children at Home (without Teacher Guidance)

Resources for EE Teachers as they Guide Parents in At-Home Instruction

Toddlers, 2, 3 and 4-Year-Old Children

Teacher Expectations:

- Communicate proactively with parents via email about your class's remote learning plan.
 - o Communicate the plan in an ongoing and active manner.
 - o Respond to all parent emails within 24 hours (during school days).
 - Share weekly lesson plans including learning objectives and expected student outcomes.
- For a set period of time each day (Monday Friday) be available to answer questions via email.
 - Sample schedule below for various age groups:
 - Toddlers: 8-9 a.m. and 1-2 p.m.
 - 2's & 3's: 9-10 a.m. and 2-3 p.m.
 - 4's: 10-11 a.m. and 3-4 p.m.
- Teachers may make themselves available at other designated times as well.
- Communicate your availability to parents in advance and provide them with communication information of how to get in touch with you.
- Be responsive (within 24 hours on school days) to email communication from EE Director/Principal.

Parent/Student Expectations:

Parents will access messages and assignments through EE program's communication system and will assist their children in completing the learning activities.

How It Works:

- Communicate information regarding class processes through parent email including curriculum plans for the week.
- Email videos to parents of the teacher:
 - o Leading Bible Time and Group Time
 - Reading favorite story books
 - Demonstrating suggested art/sensory activities
 - Singing songs and quoting fingerplays to help encourage child participation

- Demonstrating age-appropriate favorite classroom games to encourage color, number, and shape recognition (using flannel board or other visual aids)
- Demonstrating "self-help" skills (example: washing hands, throwing trash away, pushing in chair, etc.)
- Saying snack and lunch prayer
- Email links to parents of:
 - o Favorite movement songs (example: Going on Bear Hunt, Freeze Dance, etc.)
 - Favorite story books (example: Pete the Cat)
 - Hands-on learning including games, science projects, art activities
- Create packets for parents to use at home. These could include:
 - Construction and copy paper for making projects
 - Scissors, crayons and markers
 - Practice sheets and/or folder games for Math, Language Arts, Science, Social Studies and Handwriting (when age appropriate)

Resources for Parents as they Instruct Their Children at Home (without Teacher Guidance)

Articles for Parents:

- Screen Guidelines for Children under the age of 5
- Keeping the Good News in Our Children's Stories
- How to Reach a Child's Heart for Christ
- Playing Teacher

Suggested Home Schedule:

This *sample* schedule from a classroom schedule will help parents provide a daily home routine which benefits children in offering a sense of safety and security.

Schedule for Toddlers		Schedule for Preschoolers	
15 minutes	Bible time and prayer time	20 minutes	Bible time and prayer time
10 minutes	Music and movement	10 -15 minutes	Music and movement
30-40 minutes	Exploration and Play time	20 minutes	Storytime
30-40+ minutes	Outdoor Play	40 – 60+ minutes	Outdoor Play
20-30 minutes	Sensory Activity	30 minutes	Science
30 minutes	Play time	15-20 minutes	Cooking time
10-15 minutes	Story time	30 minutes	Technology time
	Lunch		Lunch
15 minutes	Storytime	20-30 minutes	Storytime

2 hours	Naptime	1-2 hours	Quiet time
15-20 minutes	Sensory Activity	30-40 minutes	Craft time
20-30 minutes	Indoor play	30-40 minutes	Indoor play
15-20 minutes	Music and Movement	15-20 minutes	Math Games
15-20 minutes	Hide and Seek	30 minutes	Technology time

Family time – bath time, read and play together and bedtime (young children should get 10 -14 hours of sleep each night depending on age)

Educational Links:

- Teaching 2 & 3 year olds
- Busy Toddler
- Fun in First
- Preschool Education
- Kindergarten Smorgasbord
- Center Activities
- Khan Academy for Kids

Bible Time:

- Read a Bible story and talk about the truths of God
- Jesus Calms the Storm
- Jesus Storybook Bible
- Life Church Bible Stories and Activities
- The Stories of Easter
- Teaching Children the Importance of Kindness and Giving

Music and Movement:

- Sing nursery rhymes together
- Music activities Make musical instruments
- Sing worship music together

Sensory Activities:

- Play with shaving cream drawing and writing letters in it
- Playdough
- Sensory Bags place items in a pillowcase and ask them to identify what it is without using their
 eyes, or blindfold the child and ask them to try different items to taste (lemon, pretzels,
 marshmallows, fresh fruit)

- Place rice or beans in large bowl and let children use various sized spoons, measuring cups, etc.
 to practice pouring and scooping
- Please water in a plastic container and see what floats (attend to children at all times when playing with water)

Storytime:

- Read at least 2-3 books per day
- YouTube Read Aloud Read Aloud books for children Pete the Cat, Corduroy, Rainbow Fish, etc.
- Take reading time outside, lay on a blanket or sit in the swing together
- Make Learning Fun
- Make puppets to act out the story

Technology Time:

- ABC Activities
- Starfall Games
- Free Subscriptions

Math Games:

- Cool Math Games
- Happy Brown House
- <u>Hidden Number Games</u>

Quiet time:

- Parents sit down and catch your breath and have children play by themselves for 1 hour
- Naptime for the littles

Science:

- Science-Activities-Preschoolers
- Happy Hooligans

Cooking Time:

- Plan something to make as a snack or cook together for dinner
- Cooking with 2- and 3-year old's
- Kids and Cooking Activities
- Cooking with Preschoolers
- Cooking with Kids

Art and Craft Time:

- Paint with watercolors (food coloring and water if you do not have any paint), color or draw together
- Scissors and cutting paper
- Supply recycle items, glue and let them create their own invention they are "inventors"
- Build structures using marshmallows and toothpicks
- Make a birdfeeder out of cheerios and a piece of yarn and then watch as the birds begin to eat it
- Gift of Curiosity make a gift for your neighbor and let them know you are thinking of them

Indoor Play:

- Play blocks (use various size boxes or books if you don't have blocks)
- Hide and seek in the house
- Hide the monkey or small toy and take turns finding it
- Play board games
- Play folder games
- Make, Take & Teach: Hands-on Activities

Outdoor Play:

- Large motor play running, climbing, go to the park, ride bikes, go for a hike
- Go for a nature scavenger hunt, look for signs of spring
- Stop to watch and listen for birds and their songs, see who can find the bird that is singing first
- Feed the ducks or birds at a nearby lake
- Allow for plenty of outdoor free play

Spring 2020:

- Wonder at God's amazing creation discover something new, see things from a child's perspective
- Have a snack or a picnic on a blanket in the backyard or at the park
- Weather challenges play outside in your raincoat and under the umbrella

Other Resources:

Early Learning Standards and Guidelines per State

Focus on the Family - Parenting

<u>Disclaimer:</u> Although all of these resources have been reviewed recently, some of the links may not work when you try them. (If that happens try typing the name of the site into Google.) Websites must be checked frequently to make sure they are operational. Many websites are free, but not all. Some features are limited with the free version or during a trial period. You may not have access to all of the features or activities unless you subscribe.

We thank Mrs. Harriett Neal, Early Education Principal, for her input and contribution to this document.